

# THE STONE NEWS

STONE CHURCH OF WILLOW GLEN, PRESBYTERIAN USA

FEBRUARY 2015



There wasn't much of the *white stuff* on the annual Stone Church Snow Trip ... but everyone had a great time anyway!

## ON MY KNEE

by Rev. Dr. Ken Henry

If you haven't heard, I've been laid up. For a few weeks in January, I was out of action, knee up on a stack of pillows - iced, numb, taking high octane pain killers, reading books, and watching movies.

A few months ago, I went up for my favorite jump shot at the Y and came down with a meniscus tear on my right knee.

Realizing that the human body has a breaking point has been a valuable life lesson for me. Like many of you, I always imagined that my knees would be the last thing to go.

We assume that our bodies and minds can keep going at full throttle - jogging, running, dancing, jumping over logs, doing what they did when we were 19 - but then something happens. We are forced to adjust our speed.

It's bound to occur some day: a knee, a hip, a shoulder, a foot, a neck, or even a spine gets bumped or knocked in the wrong way, and we are left humbled by the event.

My knee reminds me of how Jacob dislocated his hip wrestling with God and how he limped away with a new name and purpose (see Gen. 32:22-31).

So far, the only thing I've learned is that when I came out of anesthesia, I kept mumbling about how I would never play basketball again. At least, that's what my daughter told me when we got home.

I also woke up fully dressed. My shirt was on backwards, and I wonder what it was like for someone to dress a fully grown man, slurring his words incoherently - not a pretty picture.

I also thought it was curious that after the nurse shaved my knee cap; after she marked my right leg twice with a black felt-tipped marker; after she introduced me

to my crutches and talked to me about the raw food movement; after she gowned me from head to toe in a paisley-dotted hospital tunic that exposed my backside; and after she walked me down the hall as I carried an IV bag connected to my arm, she *finally* asked if I had an advance directive or living will.

Shouldn't that question have come earlier? It's like someone asking us, while standing at the edge of a diving board and ready to jump, if we have good dental insurance.

Still, I am thankful for those whose job it is to take care of us. I am grateful for surgeons, nurses, radiologists, and physical therapists. I am thankful for people who carefully tend our wounds and send us out into the world again.

I'm also grateful for you - for your words of encouragement, your prayers, your gifts of food, the time to mend, and your patient understanding.

*Love and Prayers. Ken*

## THROUGH A DARK WOOD: AN EARLY MORNING BIBLE STUDY ON "THE SEVEN DEADLY SINS"

At the beginning of Dante Alighieri's *Inferno*, an epic poem about Dante's subterranean journey into the underworld, the main character stands on the edge of an abyss that descends to the depths of human sin.

"At one point midway on our path in life," Dante wrote in the 14th century, "I came around and found myself now searching through a dark wood, the right way blurred and lost."

Dante's literary masterpiece, *Inferno*, has stood the test of time. Yet while this allegorical interpretation of hell paints a detailed and mesmerizing portrait of human failings, I believe all of us wrestle with unhealthy habits and temptations that separate us from God and one another.

Similar to Dante's intentions, when one embarks on a study that focuses on *The Seven Deadly Sins*,

I believe it is a journey of self-examination and reflection on how we might dare to live a more fulfilling spiritual life.

In the weeks leading up to the 2015 Lenten theme, *Through a Dark Wood*, I will be offering an early morning bible study, from 6:30 to 7:30 am, in the Church Library. Doughnuts and coffee are provided.

Here are the dates and topics:

- 🌸 Feb. 12: Sloth & Gluttony
- 🌸 Feb. 19: Lust & Envy
- 🌸 Feb. 26: Greed, Anger & Pride

To end this article on a more positive note, I'll leave you with another quote from Dante:

*"Wait here a while. Refresh your weary soul. Take strength. Be comforted. Feed on good hope. I'll not desert you in the nether world."* Canto 8:106

All are welcome. - Rev. Ken Henry

## Ash Wednesday Services

[Wed., February 18]

6:30 to 7:30 am

6:30 to 7:30 pm

## Youth Group Events

All sixth graders through twelfth graders are welcome to any of our youth group gatherings

Please contact Rev. Irene Pak in the church office for more information.

Feb. 7: VeggieLution Service Project, 10 am to 1 pm [see pg 5]

Feb. 8: Youth Study, 4-5 pm; Fellowship & Dinner, 5-7 pm

Feb. 22: Youth Study, 4-5 pm; Fellowship & Dinner, 5-7 pm



## TAIZE WORSHIP IN THE SEASON OF LENT: MEDITATION AND MUSIC

In contrast to the celebrations of Christmas, the liturgical season of Lent is quiet, mirroring nature when plant life is dormant, waiting for spring and blooming growth. The Tuesday night worship services in the style of Taizé are perfect for reflection and anticipation.

Taizé is a community in France founded by Brother Roger Schutz, just after World War II, to promote peacemaking and to provide a place for worship and prayer. It is still a magnet for people, many of them young, who come to join the quest for peace.

The Stone Church sanctuary has an extraordinary beauty at night, with lighting primarily from an altar of candles. The atmosphere is purposely hushed, to create an oasis in the midst of mostly frenetic lives.

Musicians Laraine Pitcher and Karen Johnson lead the singing of chants. There are times for both spoken and silent prayers. There are periods of silence.

Lenten Taizé services will be held Feb. 24; March 3, 10, 17, 24, and 31. Music begins at 6:30 pm; the service starts at 6:45 and ends at 7:30. - Alice Thorn



*A Bit of Stone Church History: The Congregation with the "new" Social Hall, in 1950.*

Come to the Adult Study class on Feb. 15, "A Pictorial History of Stone Church," with Pat Magee and Alice Thorn (described on page 3), to learn more about this picture ... and many more.

# ADULT ED LOOKS AT MYSTICISM, CHURCH HISTORY & “DOCTOR WHO”

Adult Education classes meet on Sunday after Worship, in the Fireside Room, from 11:15 am to 12:15 pm. Childcare is available in the Nursery.

For more information about any of these classes, please contact Pat Magee, Adult Education Subcommittee Chair.

There is no class on Feb. 1 (Congregational Meeting).

**Feb. 8: “Yes and/or No: An Introduction to the Two Great Strands of Christian Mysticism,”** with Dr. Lisa Fullam, Jesuit School of Theology at Berkeley (& Santa Clara University)

We will begin with an introduction to Christian mysticism – what is mysticism, and how are we called to participate in this great adventure in prayer? We will discuss the *Three Ways* of spiri-

tual growth. We will move forward to Reformation-era Spain and walk with Ignatius of Loyola, who offers an imaginative and creative approach to Christian prayer, seeking God in all things.

**Feb. 15: “A Pictorial History of Stone Church,”** with Pat Magee and Alice Thorn

Stone Church began in 1947 with a small stone sanctuary. A new addition was completed in 1949, and the current sanctuary was built in 1955.

Yet Stone is more than buildings. It is worship, music, education, local ministry, and social justice: Dr. Perdue in Selma, fair housing, Angela Davis, proposition 8, and the rainbow flag.

We’ll explore the history of Stone in photos (see page 2 & page 7 for a preview).



Feb. 22 and March 1: “What It Means to Be Human: Theology and ‘Doctor Who,’” with Laura Brekke, Santa Clara University Campus Minister

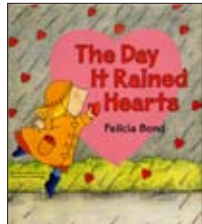
*Doctor Who* contains a rich current of religious themes and ideas. At times, the series plays with the mystery of the Doctor’s real name, perhaps as an echo of ancient religions and rituals.

Why does *Doctor Who* intersect with religion so often, and what do such instances tell us about the society that produces the show and the viewers who watch it?

## CHURCH LIBRARY EMBRACES ROMANCE, ETHICS, SPIRITUALITY & MORE

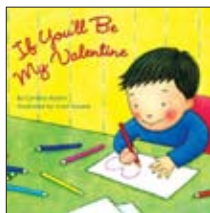
Hearts ... valentines ... love ... together ... songs ... mystery ... dancing ... spirituality ... delight ... ethics. Here are some new books for February. We hope you enjoy them!

- Sue Williams, Library Coordinator



**For our younger members**

*The Day It Rained Hearts* by Felicia Bond (1st Bks J Bon)



*If You'll Be My Valentine* by Cynthia Rylant (1st Bks J Ryl)

*Minnie and Moo: Will You Be My Valentine?* by Denys Cazet (J Caz)

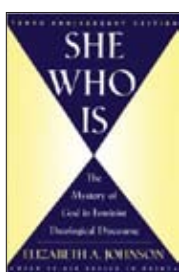


*Side by Side: Poems to Read Together* ed. by Lee Hopkins (J 808.81 Hop), given by the Roberts-Frohlich family



**Additions to our regular adult collection**

*The Song of Songs* by Steven McClaskey (223 McC)

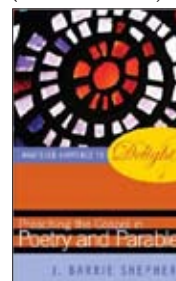


*She Who Is: The Mystery of God in Feminist Theological Discourse* by Elizabeth Johnson (231 Joh)

*Four Spiritualities: A Psychology of Contemporary Spiritual Choice* by Peter Richardson (248.4 Ric)



*“Women’s Work”* by Kathleen Norris (248.8 Nor)



*All There Is: Love Stories from StoryCorps* by Dave Isay (302.3 Isa), given by Fran Cole

*To a Dancing God* by Sam Keen



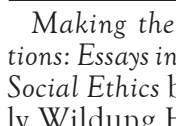
*The Quotidian Mysteries: Laundry, Liturgy and*



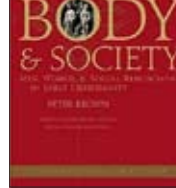
*Whatever Happened to Delight? Preaching and Gospel in Poetry and Parables* by J. Barrie Shepherd (251 She)



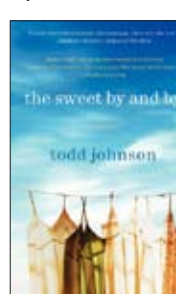
**New to our special collections**  
*Ethics in an Age of Technology* by Ian Barbour (Soc Iss 170 Bar), given by Pat Magee



*The Body and Society: Men, Women & Sexual Renunciation in Early Christianity* by Peter Brown (Soc Iss 305 Har)



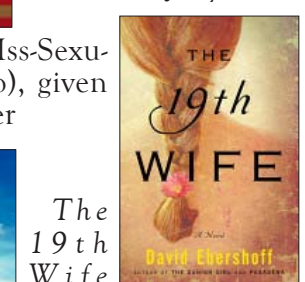
*The 19th Wife* by David Ebershoff (Fic Ebe), given by Fran Cole



*The Sweet By and By* by Todd Johnson (Fic Joh), given by Sara Holtzapple



*The Body and Society: Men, Women & Sexual Renunciation in Early Christianity* by Peter Brown (Soc Iss 305 Har)



*The 19th Wife* by David Ebershoff (Fic Ebe), given by Fran Cole

*The Sweet By and By* by Todd Johnson (Fic Joh), given by Sara Holtzapple

## PRESBYTERIAN WOMEN



Women of Stone Church: we share opportunities to connect our lives with love and leadership, and joyfully engage in God's mission and service.

Valentines – Love  
Presidents – Leadership  
Ash Wednesday – Lent

### Equal Exchange Has Hearts!

Our Equal Exchange Fair Trade Sale is offering a box of 24 mini-hearts for \$5 this month.

### PW Valentine Tea, Feb. 14

Bring a “favorite thing,” something you love or treasure, to our Valentine Tea, on Feb. 14, at 2 pm, and enjoy dessert, fun, and fellowship. (For more detail, see the flyer at right.)

### Ash Wednesday, Feb. 18

Lent comes early this year with Ash Wednesday on Feb. 18.

Consider reading a daily devotional from Stone Church members and/or [www.presbyterianmission.org](http://www.presbyterianmission.org)

Join a Bible Study Circle or our Focus Group working on Justice and Peace.

The refugee sewing class has a new teacher. If you would like to help, please contact Rhonda Lakatos or Joyce Degan.

### Women's Retreat, March 6-8

This year's Women's Retreat is March 6-8. Registration is due by Feb. 20. The registrar is Jan Keifer.

[Please see the full article on page 5.]

### Churchwide Gathering in Minneapolis, June 18-21

Save the date: June 18-21, 2015, for the Churchwide Gathering, in Minneapolis. The theme is *One Body, One Spirit*.

For a registration booklet and more information, see [www.presbyterianmission.org/ministries/pwgathering/about-gathering/](http://www.presbyterianmission.org/ministries/pwgathering/about-gathering/)

### Box Tops for Education

Box Tops for Education are always needed.



Check the products you buy for your family, and buy the brands that help our schools.

Use your S.H.A.R.E.S. cards also – and be aware that more S.H.A.R.E.S. cards are available.

### PW Calendar

**Amethyst Circle:** 1 pm, Feb. 4, Church Library

**Emerald Circle:** Feb. 5, 9:30 am, please contact Carolyn Clendenning

**Fair Trade Sales:** Feb. 8, 10:30 am, Social Hall

**Sapphire Circle:** Feb. 9, 7:30 pm, Maureen Searing's home

**Lunch Bunch:** Feb. 10, 11:30 am, Taiwan Restaurant, 1306 Lincoln Ave.; please contact Ida Raby

**PWCT:** 9:30 am, Feb. 12, Social Hall

**PW Valentine Tea:** Feb. 14, 2 pm, Social Hall

**Book Group II:** Feb. 16, 2:30 pm, Nancy Weiss' home (*Silicon Valley Reads* books)

**Focus Group:** Feb. 18, 9:30 am, June Tablak's home

**Book Group I:** Feb. 23, 1 pm, please contact Mary-Margaret Teel

**Bible Study:** Feb. 26, 9:30 am, Church Library; led by the Rev. Irene Pak

**PrayerShawlMinistry:** Feb. 28, please contact Janice Goertz

- Joyce Summers



### ...A FEW OF OUR FAVORITE THINGS!

♥Join Presbyterian Women at the Valentine Tea on Saturday, February 14, 2015.

♥Come at 2 p.m. and bring along a “favorite thing” to share with all of us. Could it be a favorite toy from childhood, a memento from school days? Bring something you treasure!

### ♥Special Added Attraction!

You will have the opportunity to learn something new about Rosaleen Zisch and Jeanette Rapp!

♥Come for tea and dessert!

♥Come for fun and fellowship!



♥Come and join us on \_\_\_\_\_'s Day!

RSVP: Claudia Hamm

## MEN'S MINISTRY



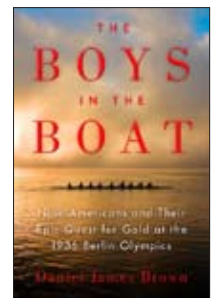
The Men's Ministry of Stone Church includes a mission work team, a book group, a flying group, and wine- and beer-making groups.

For more information about any of these activities, contact the Rev. Dr. David McCreath, Parish Associate.

### Men's Book Group, Feb. 16

The Men's Book Group will meet on Feb. 16 to discuss *The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics*, by Daniel James Brown.

The meeting starts at 7 pm, and Bill Ribble is the host. All men of the church are welcome to attend and join the discussion.



- David McCreath

## CONSIDER SERVING STONE CHURCH AS A DEACON OR ELDER

Are you being called to serve at Stone Church?

The Nominating Committee is seeking leaders to serve as Deacons or Elders for a three-year term, beginning July 2015.

We invite all church members to seriously consider whom you want to serve as leaders at Stone Church, either through self-nomination or third-party suggestions - with the permission of the person whose name is being submitted.

If the mere mention of becoming a leader is intimidating to you, perhaps now is the time to step up in your faith and offer to serve.

Deacon and Elder retreats provide training, reflection and spiritual growth to enhance your experience.

If you have someone you would like to nominate, or want to talk about becoming a Deacon or Elder yourself, please contact a member of the Nominating Committee: Carrie Giorgianni (chair), Maureen Ryan (vice-chair), Mel Goertz, Pat Magee, Della Smith, Mary Johnson, Ann Pierce, Karen Scott, Tim Collins, or Bruce Raby.

Prayerfully consider if you are feeling called to be an Elder or Deacon at Stone Church.

- Carrie Giorgianni

## GROW YOUR NATURAL ABILITIES WITH COMPASSION CULTIVATION TRAINING

Compassion Cultivation Training (CCT) enables people to grow their natural abilities to be compassionate and kind to other people and to themselves.

This course was developed by the Center for Compassion and Altruism Research and Education (CCARE) at Stanford University.

CCT combines traditional

contemplative practices with contemporary psychology and scientific research.

The eight-week CCT training will be offered at Stone Church, from 7 to 9 pm, starting Monday, Feb. 23, in the Fireside Room.

For more information, please contact Stephania Verhaegen or David Nielsen.

## HELP PLANT TREES AT VEGGIELUTION

The congregation of Stone Church has an opportunity to help San José's low-income residents obtain



affordable fruits and produce, by participating in a workday at Veggielution, the city's community farm at Emma Prusch Farm Park.

The StoneWorks Committee and the Men's Mission Work Team have given the farm \$1,200 to purchase new fruit trees for its orchard.

Now, volunteers are being sought to plant the trees under the guidance of the farm staff, from 10 am to 1 pm, on Saturday, Feb. 7. We will be placing young trees in pre-dug holes,

loading and pushing wheelbarrows a short distance to add backfill, installing irrigation hose, adding ground cover, and painting tree trunks white to prevent sunburn.

All tools will be provided by Veggielution - you need only to bring gloves and a water bottle and to wear closed-toe shoes.

In a typical year, Veggielution, which relies on the work of volunteers, grows 56,000 pounds of vegetables, with almost two-thirds distributed for free or below market rate. Signage in the orchard will recognize Stone Church's contribution.

You can sign up during Coffee Fellowship on Feb. 1. - Jody Meacham

## STONE'S WOMEN'S RETREAT 2015: "UNDERSTANDING MORE ABOUT ISLAM AND CHRISTIANITY"



*Enjoying the always wonderful fellowship at a previous Women's Retreat*

Stone's annual Women's Retreat will be held March 6-8 at the St. Francis Retreat Center, in the beautiful green hills of San Juan Bautista.

In addition to friendship, fresh air and reflection, this year's program is designed to help us understand more about one of the world's great religions, Islam.

Christianity and Islam share the same roots, but because of world events, distrust of Muslims is widespread. As open-minded women who cherish diversity, how can we learn and contribute to a healthy dialogue in our communities to promote understanding?

Our speaker will be Maha Elgenaidi, founder of the Islamic Networks Group, a non-profit organization whose mission is to counter prejudice and discrimination against American Muslims.

The Revs. Marge Palmer and Irene Pak will also lead us in an exploration of the roots of Christianity and guide us in an exercise on cultural proficiency.

And then there are always the crafts, the shopping, the free time, traditional worship, fellowship, and fun!

To register, sign up at Coffee Fellowship, or return the mailed registration form by Feb. 20. For registration questions, please contact Jan Keifer; for retreat questions, please contact Mary Stone Bowers.

- Barbara Krause

## SESSION ADOPTS BALANCED BUDGET OF \$548K

Session has unanimously adopted a balanced budget of \$548,323 for Fiscal Year 2015, which began Jan. 1, an increase of 3.4 percent over 2014's budget of \$530,068.

The budget will be presented at the Sunday, Feb. 1, congregational meeting immediately following Worship. Under the *Book of Order*, the constitution of the Presbyterian Church USA, the budget is Session's sole authority to approve, and it includes a \$5,000 pool for administrative staff raises.

However, the *Book of Order* requires that raises for Pastor Ken Henry and Associate Pastor Irene Pak be approved by a congregational vote at Sunday's meeting. The budget approved by Session recommends a three-percent raise for each pastor.

The increased 2015 budget is based on two increased income projections for the coming year;

- ✦ a 4-percent increase in pledges (Stone Church's largest single income source) to \$496,746, and
- ✦ an 11-percent increase in loose offering to \$25,000.

Income from other sources, such as "per capita" income, the fee charged

by the national denomination for each of our members that many members pay in addition to their pledges, facility rental by Vivace Youth Chorus, and Taizé offerings, were all budgeted flat, although 2014 actual receipts in those categories exceeded budgeted amounts.

The largest single line-item increase in the 2015 budget is \$8,000 for American Sign Language interpreters – a line item that was not in the 2014 budget – to support Stone's ministry to deaf members. Last year was the first for ASL interpreters at Stone, and they were funded by a grant from San José Presbytery. A provision of that grant was that it be used to establish the deaf ministry, but not become its permanent funding source.

Last year's Stone Church income was approximately \$27,000 higher than budgeted, and expenses were about \$10,000 lower than budgeted, leading to a \$37,833 surplus. As a result of a Session decision in mid-2014, the surplus will be used to pay for last year's renovations to Roycott House, which is now Rev. Pak's residence.

- Jody Meacham, Elder

## AN ANNIVERSARY WITH HOPE: PRESBYTERIAN MISSION WORKERS IN HAITI

January 12 was the fifth anniversary of the massive 2010 earthquake in Haiti that killed more than 316,000 and destroyed 250,000 residences and more than 30,000 commercial buildings. Haiti was already the poorest country in the Western Hemisphere.

But Cindy Corell, Jenny Bent, Mark Hare, and Suzette Goff-Geffard, Presbyterian mission co-workers in Haiti, see signs of great progress, including better roads, a modern airport, and new small businesses opening regularly.

"Five years after the terrible earthquake and an ensuing epidemic of cholera in which thousands of Haitians died, most people here find hope in the chaos, give prayer in response to worry, and continue on their daily lives," Corell said.

"The Haitians covet our prayers," Corell said. "Please continue to keep them all in prayer for a working and compassionate government, a strong agriculture season, investments that provide good jobs and continued courage. It is the Haitian people – their competence, their hopeful attitudes, their sense of humor and their tireless work ethic – that inspires all of us who represent the Presbyterian Church USA here in this beautiful island nation."

In 2010, when she made her first trip to Haiti, Correll sensed a heartfelt connection with the Caribbean country and its people. She left a 27-year career as a journalist to accept a Presbyterian mission appointment in Haiti.

The PCUSA has been involved in Haiti for many years, working in health, hunger and education ministries through a partnership with the Episcopal Diocese of Haiti. - Rev. David McCreath



## WE AT STONE CHURCH MOURN THE DEATH OF OUR FRIEND & TEACHER, DR. MARCUS BORG

Marcus J. Borg, prominent liberal theologian and Bible scholar who for a generation helped popularize intense debates about the historical Jesus and the veracity and meaning of the New Testament, died Jan. 21, 2015, at the age of 72. He had been suffering from a prolonged illness.

Dr. Borg was a true friend of Stone Church and was a two-time Henrietta Perdue Lecturer.

In April of 2005, he presented *Two Visions of Christianity and Seeing Jesus Again*, and in October of 2010, he presented *Speaking Christian: Redeeming Christian Language*.

Like other scholars, Dr. Borg tended to view Jesus as a Jewish prophet and teacher who was a product of the religious ferment of first-century Judaism. But while Borg questioned the Bible, he never lost his passion for the spiritual life or his faith in God as "real and a mystery."

"So, is there an afterlife, and if so, what will it be like? I don't have a clue. But I am confident that the one who has buoyed us up in life will also buoy us up through death. We die into God. What more that means, I do not know. But that is all I need to know." [Marcus Borg]

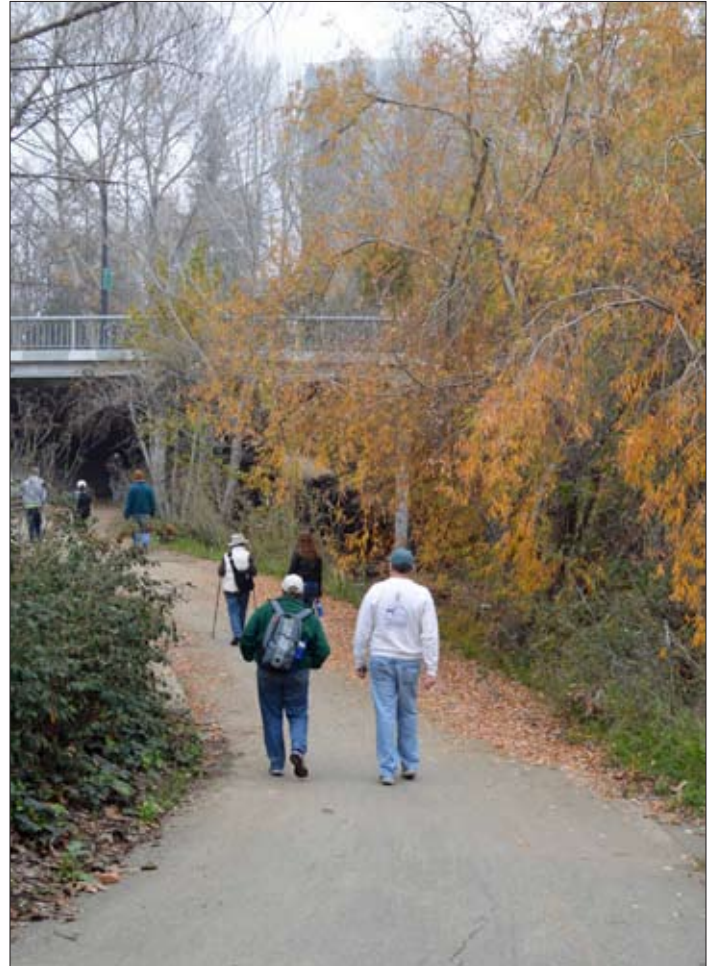
- Pat Magee



*More Stone Church History: The Reverend Thomas Simpson and his wife Mary, in 1950.*

*Come to the Adult Study class on Feb. 15, "A Pictorial History of Stone Church," with Pat Magee and Alice Thorn (described on page 3), to learn more about this picture ... and many more.*

*Two photos from the most recent hike of the Stone Church Trailwalkers ... along the Guadalupe River Park Trail.*



*The Rev. Irene Pak reads to the children at the annual Stone Church Snow Trip. Irene said she really enjoyed the time with the little ones!*



## STONE CHURCH TRAILWALKERS TO TACKLE ALMADEN QUICKSILVER TRAIL

The Stone Church Trailwalkers are ready to extend our options this month with a more challenging hike.

On Saturday, Feb. 21, beginning at 9 am, we will hike at the Almaden Quicksilver Country Park, starting from the McAbee Road entrance.

We will follow the Mine Hill, Guadalupe, and Senator Mine Trails. This is a loop trail of just over four miles and includes several hills. Although it may be too early for wildflowers, we'll hope to see some wildlife (turkeys, deer?) and the Guadalupe Reservoir. Will the reservoir have any water? We will hope so.



*Learning about the history of San José at last month's hike on the Guadalupe River Park Trail*

There is a shorter option available. We will show you the turn-off and think you can make it with a map. It's two right turns and straight ahead at the third trail split.

Porta-potties are available only at the beginning and end of the trail. You will need your own water and sunscreen.

Parking is on the street and is often crowded. If you would like to carpool from church, please let us know and be at the church by 8:30 am.

Sign up at Coffee Fellowship on Feb. 8 and 15, or contact Mary-Ann Hudson or Rebecca Schroeder.

## HEALTH MINISTRY RECIPE: MANGO BLACK BEAN TACOS!

I know it's silly for me to think that if I like this recipe, then everyone else should too. Even so, I hope I'm right.

These Mango Black Bean Tacos are super yummy. It's also a great recipe, because you can easily mix and match these with other ingredients and recipes.

### Ingredients

2 diced mangoes  
2 cans black beans  
3 tablespoons red onion  
1 tablespoon diced jalapeno  
1 lime  
1/3 cup coconut milk  
2/3 cup sour cream  
1 tablespoon sugar  
Olive oil  
Handful of cilantro  
Corn tortillas

### Preparation

Dice the mangoes, jalapenos, and red onions. Drain and rinse the black beans.

Combine fresh cilantro and lime juice in a small bowl and set aside. In another small bowl, whisk together the sour cream, coconut milk, and sugar. Set that aside too.

Sauté the black beans, red onion, and jalapeno in a bit of olive oil and season with salt and pepper. Cook until the beans are warmed through and the onion has softened. Remove from heat.

Layer the bean mixture and mangoes on a warmed corn tortilla. Drizzle with cream and enjoy!

### Notes

- ✂ This recipe is modified from [pinchofyum.com](http://pinchofyum.com).
- ✂ You can make these less spicy by leaving out the jalapeno. We do for the kid's sake, and they are still delicious.
- ✂ Mangoes not in season? Use standard toppings, like greens or avocado.
- ✂ You can make these even healthier by adding any seasonal veggies you have hidden in your fridge, such as corn, zucchini or yellow squash.
- ✂ I find that this makes quite a bit of cream. Do not throw your extras away. It is so tasty that you can add it as a topping on lots of other things. It's even good on waffles in the morning. Or to eat spoonfuls of straight out of the bowl ... but maybe that's just me! - Ashley Neufeld

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